


# PREPARING TO TRANSITION OUT OF CARE





If you are in foster care, your caseworker needs to help you start a transition plan at least 6 months before you turn 18. If you are staying in foster care after you turn 18, then you and your caseworker need to review your transition plan every six months to be sure it is up-to-date.

If you are turning 18, your caseworker should already be talking to you about this. If they have not, bring it up the next time you talk to them.



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## Be Sure They Provide You:

**Birth Certificate**



**Social Security Card**



**Health Insurance Info**



**Medical Records**



**NYS driver's license or ID**

