



Monthly Newsletter

May 2024

PDP

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Follow us for the latest news on our social media channels:



@YIPNewYork



@YouthInProgress_NY



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Webex Trainings

PDP

Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility

Thursday, May 9

1:00 p.m. – 4:00 p.m.

Wednesday, May 22

10:00 a.m. – 1:00 p.m.

An Introduction to Regulating Emotions (1 Hour Webex)

Thursday, May 2

2:00 p.m. – 3:00 p.m.

Wednesday, May 8

2:00 p.m. – 3:00 p.m.

Thursday, May 16

11:00 a.m. – 12:00 p.m.

Thursday, May 30

11:00 a.m. – 12:00 p.m.

An Introduction to Trauma Informed Healing Centered Engagement (1 Hour Webex)

Friday, May 3

11:00 a.m. – 12:00 p.m.

Thursday, May 9

11:00 a.m. – 12:00 p.m.

Monday, May 20

11:00 a.m. – 12:00 p.m.

Friday, May 31

11:00 a.m. – 12:00 p.m.

Boundaries: Setting Limits and Sharing Safely

Wednesday, May 1

10:00 a.m. – 12:30 p.m.

Tuesday, May 14

1:00 p.m. – 3:30 p.m.

Wednesday, May 29

1:00 p.m. – 3:30 p.m.

Bullying: Spot It, Stop It

Tuesday, May 14

10:00 a.m. – 1:00 p.m.

Tuesday, May 28

10:00 a.m. – 1:00 p.m.

Essential Communication Skills for Working with Youth

Monday, May 6

1:00 p.m. – 3:30 p.m.

Wednesday, May 22

1:00 p.m. – 3:30 p.m.

Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

Wednesday, May 15

1:00 p.m. – 3:30 p.m.

Tuesday, May 28

1:00 p.m. – 3:30 p.m.

Permanency Options for Youth

Tuesday, May 7

1:00 p.m. – 3:30 p.m.

Friday, May 24

10:00 a.m. – 12:30 p.m.

Preparing Youth for Employment

Tuesday, May 21

10:00 a.m. – 12:30 p.m.

Preparing Youth in Care for the College Experience

Thursday, May 2

10:00 a.m. – 12:30 p.m.

Wednesday, May 15

10:00 a.m. – 12:30 p.m.

Thursday, May 23

10:00 a.m. – 12:30 p.m.

Promoting Resilience: Fostering Youth Empowerment

Wednesday, May 1

1:00 p.m. – 4:30 p.m.

Wednesday, May 8

10:00 a.m. – 1:30 p.m.

Thursday, May 16

1:00 p.m. – 4:30 p.m.

Tuesday, May 21

1:00 p.m. – 4:30 p.m.

Thursday, May 30

1:00 p.m. – 4:30 p.m.

Relational Strategies to Build Trust & Connection

Thursday, May 23

1:00 p.m. – 2:00 p.m.

Wednesday, May 29

1:00 p.m. – 2:00 p.m.

Street Smarts: Safety Skills for Youth in Care

Tuesday, May 7

10:00 a.m. – 12:30 p.m.

To register:

Visit **Human Services Learning Center**

<https://www.hslcnys.org>, or email

Lilibeth Donahue donahue@albany.edu

For training descriptions, visit:

<https://bit.ly/3NKKsfv>



Classroom Trainings

PDP

Region 1

Identifying and Supporting Survivors of Commercial Sexual Exploitations of Children (CSEC) (Part 2)

Thursday, May 2

9:00 a.m. – 1:30 p.m.

West Seneca, NY

Region 2

Creating LifePaks with Youth in Care

Wednesday, May 29

10:00 a.m. – 12:00 p.m.

Canadaigua, NY

To register, email:

Region 1

Kim Grose

kimberly.grose@ocfs.ny.gov

Region 2

Kendra Drake

kendra.drake@ocfs.ny.gov



YIP Meetings

PDP

Raising Foster Care Awareness

- Misconceptions of Foster Care
- Sharing with Boundaries
- Reframing your Experience
 - Picture Me Collage Activity

Region 1 (Buffalo)

Tuesday, May 28

4:00 p.m. – 5:30 p.m. (Classroom)
West Seneca, NY

Wednesday, May 29

4:00 p.m. – 5:30 p.m. (Webex)

Region 2 (Rochester)

Tuesday, May 21

5:30 p.m. – 7:00 p.m. (Classroom)
Bath, NY

To register, email:

Region 1—Kim Grose
kimberly.grose@ocfs.ny.gov

Region 2—Kendra Drake
kendra.drake@ocfs.ny.gov



Resources

PDP

Youth in Progress

Youth in Progress gives youth in foster care the opportunity to be heard to make changes to the foster care system. YouthinProgress.org has resources, events, and involvement opportunities. Check it out today!

May is National Foster Care Month!

This year's theme, "Engaging Youth. Building Supports. Strengthening Opportunities." will raise awareness about authentic youth engagement, the importance of life-long connections, and how to best support youth as they transition out of foster care. Learn about how the Children's Bureau is supporting this theme with their campaign.

<https://www.childwelfare.gov/fostercaremonth/about-national-foster-care-month/>

PDP Supports National Foster Care Month

PDP is offering four new virtual 1-hour trainings to increase your awareness and provide strategies and skills that will help you to become a caring and positive adult resource. Check out their descriptions and contact your regional Youth Engagement Specialist to sign up!

<https://youthinprogress.org/resources/topics/four-new-trainings-to-increase-your-skills-and-awareness-when-working-with-youth>