



PROFESSIONAL DEVELOPMENT PROGRAM

ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

# Monthly Newsletter

MARCH 2020

PDP

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# Regional Training

PDP

**Title: Identifying and Supporting Survivors of CSEC (Commercial Sexual Exploitation of Children) and Youth Trafficking. Part One: Awareness and Knowledge.**

**Date/Time: March 5 from 9:30 a.m. - 4:00 p.m.**

**Location: Human Services Training Center - 164 Columbia Turnpike, Rensselaer, NY 12144**

This training will assist those working with youth to learn how to best engage and provide services to trafficked and at-risk youth. It raises awareness of the commercial sexual exploitation of children (CSEC) and provides foundational knowledge on working with survivors of CSEC and youth trafficking. This training will enable youth serving professionals to recognize and treat youth in CSEC and trafficking situations as victims of crime and survivors of abuse; to protect and prevent at-risk youth and youth from becoming victims of sex trafficking; and to improve safety, permanency and well-being outcomes of youth involved in the child-serving systems.

**Title: Identifying and Supporting Survivors of CSEC (Commercial Sexual Exploitation of Children) and Youth Trafficking. Part Two: Knowledge and Skills.**

**Date/Time: March 6 from 9:30 a.m. - 4:00 p.m.**

**Location: Human Services Training Center - 164 Columbia Turnpike, Rensselaer, NY 12144**

This training will assist those working with youth to learn how to best engage and provide services to trafficked and at-risk youth. This training builds on the foundational knowledge gained in Part One and reinforces practical skills for working with survivors of commercial sexual exploitation of children (CSEC) and youth trafficking. It will enable youth serving professionals to recognize and treat youth in CSEC and trafficking situations as victims of crime and survivors of abuse; to protect and prevent at-risk youth and youth from becoming victims of sex trafficking; and to improve safety, permanency and well-being outcomes of youth involved in the child serving systems.

To schedule a training, please contact Abbi Jordan at [abbi.jordan@ocfs.ny.gov](mailto:abbi.jordan@ocfs.ny.gov)



# Regional Training

PDP

**Title: Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility**

**Date/Time: March 12 from 9:30 a.m. - 2:30 p.m.**

**Location: Human Services Training Center - 164 Columbia Turnpike, Rensselaer, NY 12144**

Adolescents can experience challenges adjusting to the emotional issues associated with sexual development. It is essential that the adults in each youth's life are prepared to guide that youth through that process in a healthy and appropriate manner. This training is intended to help those participants to become knowledgeable about the stressors facing adolescents and to assist participants in developing the necessary skills to provide education and support.

**Title: Bullying: Spot It, Stop It**

**Date/Time: March 19 from 9:30 a.m. - 3:30 p.m.**

**Location: Human Services Training Center - 164 Columbia Turnpike, Rensselaer, NY 12144**

Bullying in schools, out-of-home settings and virtually all locations in which young people gather continues to be a national problem. Bullying impacts children who are bullied, children who perpetrate bullying behaviors and the social environment. Bullying has devastating short and long-term consequences. This training provides participants with information about the types of bullying, the impact of bullying and tools to create a physical/social setting in which bullying is reduced.

To schedule a training, please contact Abbi Jordan at [abbi.jordan@ocfs.ny.gov](mailto:abbi.jordan@ocfs.ny.gov)



# Regional Training

**PDP**

**We are very excited to announce that one of the Professional Development Program's partner projects is currently offering 4 different one day classroom trainings:**

- Working with Alcohol and Substance Affected Families (foundational course)
- Opiate Use and Family Dynamics
- Substance Use and Family Dynamics
- Helping People Change

If you are interested in scheduling a training for your staff, please reach out to Eleanor Daiga at [edaiga@albany.edu](mailto:edaiga@albany.edu).

**The Following Target Populations Working with Youth, can Access YST Supportive Resources:**

- Foster/adoptive parents
- Foster care agency staff, caseworkers, supervisors and child care workers
- Local District Social Services (LDSS) staff
- OCFS Licensed Runaway and Homeless Youth Shelter staff
- OCFS Child Welfare and Community Services (CWCS), Youth Development and Partnerships for Success (YDAPS), and the Division of Juvenile Justice and Opportunities for Youth (DJJOY) staff
- Youth Bureau staff



# WebEx Training

PDP

## **March 11**

9:30 a.m. - 12:30 p.m. Preparing Youth for Employment

1 - 4:00 p.m. Essential Communication Skills for Working with Youth

## **March 19**

9:30 a.m. - 12:30 p.m. Transition Plan: Helping Youth in Care Plan for Their Future

1- 4 p.m. Preparing Youth in Care for the College Experience

## **March 24**

9:30 a.m. - 12:30 p.m. Boundaries: Setting Limits and Sharing Safely

For training descriptions visit: <https://bit.ly/320EeQO>

To register, visit the Human Services Learning Center: <https://www.hslcnys.org/hslc/> or contact Meaghan Hurley, [mhurley@albany.edu](mailto:mhurley@albany.edu) or 518-442-6558





# Events

PDP

## **Title: YIP Meeting: Post-Secondary Options**

For more details, please contact Abbi Jordan at [abbi.jordan@ocfs.ny.gov](mailto:abbi.jordan@ocfs.ny.gov)

### **Expectations of Youth and Mentors:**

*Please review and discuss with your youth prior to attending the meetings or events.*

- Arrive on time and ready to participate in the meetings or events.
- Be an active participant in large discussions and small group activities.
- Remember you and your youth represent yourself, your agency, and foster care youth and mentors in your region.
- Come with ideas because no idea is a bad idea. Please be willing to share your ideas.
- Place your cell phones on vibrate during the meetings or events. Take phone calls outside the meetings or events area and please limit this as much as possible. Limit texting during the meetings or events.

### **Mentors:**

You are the role models for the youth during the meetings or events. If you are actively engaged, participating and paying attention, the youth will be too. Your role during the meetings is to encourage the youth by listening respectfully and providing (as well as accepting) constructive feedback. You know your youth best, so encourage them to speak up if we are talking about a topic they care about. If needed, help the youth regain composure in a different space if a topic is too tough for them. The value of your positive and dependable behavior as a role model can help them achieve success in their lives and realize their full potential.



# Resources

PDP

## **Youth in Progress – Resources for Youth in New York State**

[www.youthinprogress.org](http://www.youthinprogress.org)

## **Summer Youth Employment at New York State Department of Transportation**

*Are you a high school senior about to graduate and looking to start a career? Unsure about your future? NYSDOT may be for you! Spend the summer with us learning roadway maintenance while gaining valuable skills! Annual salary starts at \$31,245.*

<https://www.dot.ny.gov/jobs/repository/Tab/Tab/Summer%20Youth%20Employment%20Program.pdf>

## **Educational Training Voucher (ETV)**

*ETV has a new website! Currently accepting applications for this semester. September 2020 application period opens July 1.*

<https://etv-nys.smapply.org/>

## **Financial Student Assistance (FAFSA)**

*Application deadline is June 30, 2020. Apply at the link below:*

<https://studentaid.gov/h/apply-for-aid/fafsa>

Have questions on how to complete the FAFSA? Get help at:

<https://collegegoal.ny.gov/completing-the-fafsa>

Still have questions? Check out the FAFSA Frequently Asked Questions Page here:

<https://collegegoal.ny.gov/fafsa-frequently-asked-questions>