PROFESSIONAL DEVELOPMENT PROGRAM
ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

# Monthly Newsletter

## JANUARY 2020

PDP

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# Regional Training

PDP

**Title: Adolescent Sexuality: Promoting Sexual Health & Sexual Responsibility**
**Date/Time: January 13 from 1 p.m. - 4 p.m.**
**Location: Elmcrest Children's Center- Rec Therapy Room - 960 Salt Springs Rd. Syracuse NY**

Adolescents can experience challenges adjusting to the emotional issues associated with sexual development. It is essential that the adults in each youth's life are prepared to guide that youth through that process in a healthy and appropriate manner. This training is intended to help those adults to become knowledgeable about the stressors facing adolescents and to assist these adults in developing the necessary skills to provide education and support.

**Register directly via your Training Coordinator/DirectorYou may use the Human Services Learning Center link to register:https://www.hslcnys.org/hslc/**

**Rachel-Storm Heasley, Youth Engagement Specialist315-423-1196 Rachel-Storm.Heasley@ocfs.ny.gov**

# Resources

PDP

Article:Only 3 States Have a Gay Straight Alliance in More Than Half of Their Schools
https://mailchi.mp/6bccf82db84b/only-3-states-have-a-gay-straight-alliance-in-more-than-half-of-their-high-schools?e=5a1fe034c3

Article: Variations in the Use of Kinship Diversion Among Child Welfare Agencies
https://www.childtrends.org/wp-content/uploads/2019/06/kinship-diversion_ChildTrends_June2019-1-1.pdf?utm_medium=email&utm_source=govdelivery

Article: Here is How Reentry Can Be More Successful
https://jjie.org/2019/11/20/heres-how-reentry-can-be-more-successful/

Article: Positive Youth Development Hold Promise for States Working with Transitioning Youth
https://jjie.org/2019/11/04/positive-youth-development-holds-promise-for-states-working-with-transitioning-youth/

January is National Mentor Month
https://email.mentoring.org/t/ViewEmail/d/6FD526C78AFAD69D2540EF23F30FEDED/1F3F2CBCB70E95D6765E7602346EC846

Toolkit: Expectant and Parenting Youth in Foster Care
https://www.aecf.org/resources/expectant-and-parenting-youth-in-foster-care/?utm_medium=email&utm_source=govdelivery

# SOCIAL CONNECTION

*December 2019/January 2020 Social Media Updates*

## BILL OF RIGHTS

Need a refresh of your Foster Care Bill of Rights? Look them over here: http://ow.ly/Qmzm50xqHZV

## MENTORING MONTH

It's Mentoring Month! If you're looking to make a difference in a young person's life, the New York State Mentoring Program is a great place to start! https://on.ny.gov/34Az2V0

## SPEAK OUT

"My determination comes from my own expectations that I set for myself. I know I am capable of overcoming challenges to reach my goals."
- Odalis, YIP Intern

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Post until 1/31

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*December 2019/January 2020 Social Media Updates*

## DID YOU KNOW?

People who are mentored are 46% less likely to start using illegal drugs. Find out if becoming a mentor is a good fit for you: https://on.ny.gov/2tyCpiv

## HUMAN RIGHTS DECLARATION

Discover the women who shaped the Universal Declaration of Human Rights in this video: http://ow.ly/p6zF50xqHMs

## SPEAK OUT

"If your caseworker tells you about a class, training or youth event, go! You can network and meet with other youth who may know about funding, services or programs you may not be aware of."
- Pearlie, YIP Intern

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