



PROFESSIONAL DEVELOPMENT PROGRAM

ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

# Monthly Newsletter

JANUARY/FEBRUARY 2020

PDP

## IN THIS ISSUE

Regional Training... 2-4

Resources...5

Follow Us for the Latest News on our  
Social Media Channels



@youthinprogress\_ny



@youthinprogress



@YIPNewYork

## Contact Information

**Melissa Rivera**

Youth Engagement Specialist

NYS OCFS Westchester Office

117 E Stevens Ave / Valhalla, NY 10595

(P) 914-801-3264

Melissa.Rivera@ocfs.ny.gov



# Regional Training

PDP

**Title: Transition Plan: Helping Youth Plan for their Future**

**Date/Time: January 13 from 1:00 p.m. - 4:00 p.m.**

**Location: Westchester Regional Office – 117 E Stevens Ave Suite 300 (Room 107), Valhalla, NY 10595**

To assist those working with the adolescent (14-21) population understand all of the policies, directives, and supports in place to help youth in best practice and in obtaining successful outcomes. The training will highlight Chafee, Transition Plans (and all of its elements), Adolescent Service Regulations (latest version available), Trial discharge, Medicaid to 21/26, ETVs, and Permanency Legislation (relative to life skill instruction and linking to assessments).

**Title: Identifying & Supporting Survivors of Sexual Exploitation of Children (Part 1)**

**Date/Time: January 21 from 10:00 a.m. to 4:00 p.m.**

**Location: Westchester Regional Office – 117 E Stevens Ave Suite 300 (Room 107), Valhalla, NY 10595**

This training will assist those working with youth to learn how to best engage and provide services to trafficked and at-risk youth. It raises awareness of the commercial sexual exploitation of children (CSEC) and provides foundational knowledge on working with survivors of CSEC and youth trafficking. This training will enable youth serving professionals to recognize and treat youth in CSEC and trafficking situations as victims of crime and survivors of abuse; to protect and prevent at-risk youth and youth from becoming victims of sex trafficking; and to improve safety permanency and well-being outcomes of youth involved in the child-serving system.

**Title: Identifying & Supporting Survivors of Sexual Exploitation of Children (Part 2)**

**Date/Time: January 23 from 10:00 a.m. - 4:00 p.m.**

**Location: Westchester Regional Office – 117 E Stevens Ave Suite 300 (Room 107), Valhalla, NY 10595**

This training will assist those working with youth to learn how to best engage and provide services to trafficked and at-risk youth. This training builds on the foundational knowledge gained in Part One and reinforces practical skills for working with survivors of commercial sexual exploitation of children (CSEC) and youth trafficking. It will enable youth serving professionals to recognize and treat youth in CSEC and trafficking situations as victims of crime and survivors of abuse; to protect and prevent at-risk youth and youth from becoming victims of sex trafficking; and to improve safety permanency and well-being outcomes of youth involved in the child serving systems.



# Regional Training

PDP

**Title: Permanency Options for Youth in Care**

**Date/Time: February 6 from 10:00 a.m. - 4:00 p.m.**

**Location: Westchester Regional Office – 117 E Stevens Ave Suite 300 (Room 107), Valhalla, NY 10595**

Permanency for children and youth is critical to a child's sense of well-being, safety, and long-term success in life especially for youth in care. When young people age out of the foster care system they need responsible adults who are willing to provide various supports that will help the youth transition to adulthood. This training will focus on defining permanency and identifying the permanency options for children and youth to be explored if reunification with birth families is not possible. Those options include adoption, guardianship (including KinGAP), and Another Planned Permanent Living Arrangement (APPLA).

**Title: Essential Communication Skills for Working with Youth**

**Date/Time: February 10 from 1:00 p.m. - 4:00 p.m.**

**Location: Westchester Regional Office – 117 E Stevens Ave Suite 300 (Room 107), Valhalla, NY 10595**

This training will assist adult caregivers with developing the essential skills needed to provide safe supervision of and effective communication with vulnerable youth. It will examine the concept of self-awareness and look at how adult responses and physical posturing give nonverbal messages to youth with whom they interact. It will also explore the significance of developing skills of positioning observation and decision making and introduce the concepts of therapeutic intervention and positive role modeling.

**Title: Boundaries: Setting Limits & Sharing Safely**

**Date/Time: February 25 from 9:30 a.m. - 12:30 p.m.**

**Location: Westchester Regional Office – 117 E Stevens Ave Suite 300 (Room 107), Valhalla, NY 10595**

This training introduces the concepts of boundaries and self-disclosure and how they are associated with the role of adult caregivers working with youth in out-of-home settings. Through activities and discussion participants will begin to explore what is appropriate and inappropriate when interacting with young people including over-familiarity over-identification over-involvement and self-disclosure. Participants will learn and practice strategies that they can use with youth in all types of out-of-home settings.

**Please contact Melissa Rivera, Youth Engagement Specialist, at 914-801-3264 or by e-mail: [Melissa.Rivera@ocfs.ny.gov](mailto:Melissa.Rivera@ocfs.ny.gov) to schedule fall 2019 training.**



# Regional Training

PDP

**Title: Preparing Youth for the College Experience**

**Date/Time: February 25 from 1:00 p.m. - 4:00 p.m.**

**Location: Westchester Regional Office – 117 E Stevens Ave Suite 300 (Room 107), Valhalla, NY 10595**

This training will acquaint adult caregivers with a basic understanding of what they can do to help youth in care prepare for the college experience. Many youth in care face educational obstacles due to multiple placements, attending multiple schools, and inconsistent messages from adult caregivers. As a result, these youth may be ill prepared for making a successful transition from high school to college. This training will provide adult caregivers with information about the vocabulary and processes necessary to assist youth in preparing for and successfully getting started in their college career.

**Title: Transition Plan: Helping Youth Plan for Their Future**

**Date/Time: February 27 from 9:30 a.m. - 12:30 p.m.**

**Location: Westchester Regional Office – 117 E Stevens Ave Suite 300 (Room 107), Valhalla, NY 10595**

To assist those working with the adolescent (14-21) population understand all of the policies, directives, and supports in place to help youth in best practice and in obtaining successful outcomes. The training will highlight Chafee, Transition Plans (and all of its elements), Adolescent Service Regulations (latest version available), Trial discharge, Medicaid to 21/26, ETVs, and Permanency Legislation (relative to life skill instruction and linking to assessments).

## **The Following Target Populations Working with Youth, can Access YST Supportive Resources:**

- Foster/adoptive parents
- Foster care agency staff, caseworkers, supervisors and child care workers
- Local District Social Services (LDSS) staff
- OCFS Licensed Runaway and Homeless Youth Shelter staff
- OCFS Child Welfare and Community Services (CWCS), Youth Development and Partnerships for Success (YDAPS), and the Division of Juvenile Justice and Opportunities for Youth (DJJOY) staff
- Youth Bureau staff

**Please contact Melissa Rivera, Youth Engagement Specialist, at 914-801-3264 or by e-mail: [Melissa.Rivera@ocfs.ny.gov](mailto:Melissa.Rivera@ocfs.ny.gov) to schedule fall 2019 training.**





# WebEx Training

PDP

## **January 9**

9:30 a.m. - 12 p.m. Preparing Youth for Employment

1 - 1:30 p.m. Essential Communication Skills

## **January 14**

9:30 a.m. - 12 p.m. Transition Plan: Helping Youth in Care Plan for Their Future

1 3:30 p.m. Preparing Youth for the College Experience

## **January 15**

9:30 a.m. - 12 p.m. Permanency Options for Youth

1 - 3:30 p.m. Boundaries: Setting Limits and Sharing Safely

## **February 4**

9:30 a.m. - 12 p.m. Boundaries: Setting Limits & Sharing Safely

1-3:30 p.m. Transition Plan: Helping Youth In Care Plan Their Future

## **February 12**

9:30 a.m. - 12 p.m. Boundaries: Setting Limits & Sharing Safely

1 - 1:30 p.m. Permanency Options for Youth

## **February 20**

9:30 a.m. - 12 p.m. Preparing Youth for the College Experience

1 - 3:30 p.m. Preparing Youth for Employment

For training descriptions visit: <https://bit.ly/320EeQO>

To register, visit the Human Services Learning Center: <https://www.hslcnys.org/hslc/> or  
contact Meaghan Hurley, [mhurley@albany.edu](mailto:mhurley@albany.edu) or 518-442-6558



# Resources

**PDP**

**Article: Only 3 States Have a Gay Straight Alliance in More Than Half of Their Schools**

<https://mailchi.mp/6bccf82db84b/only-3-states-have-a-gay-straight-alliance-in-more-than-half-of-their-high-schools?e=5a1fe034c3>

**Article: Variations in the Use of Kinship Diversion Among Child Welfare Agencies**

[https://www.childtrends.org/wp-content/uploads/2019/06/kinship-diversion\\_ChildTrends\\_June2019-1-1.pdf?utm\\_medium=email&utm\\_source=govdelivery](https://www.childtrends.org/wp-content/uploads/2019/06/kinship-diversion_ChildTrends_June2019-1-1.pdf?utm_medium=email&utm_source=govdelivery)

**Article: Here is How Reentry Can Be More Successful**

<https://jjie.org/2019/11/20/heres-how-reentry-can-be-more-successful/>

**Article: Positive Youth Development Hold Promise for States Working with Transitioning Youth**

<https://jjie.org/2019/11/04/positive-youth-development-holds-promise-for-states-working-with-transitioning-youth/>

**January is National Mentor Month**

<https://email.mentoring.org/t/ViewEmail/d/6FD526C78AFAD69D2540EF23F30FEDED/1F3F2CBCB70E95D6765E7602346EC846>

**Toolkit: Expectant and Parenting Youth in Foster Care**

[https://www.aecf.org/resources/expectant-and-parenting-youth-in-foster-care/?utm\\_medium=email&utm\\_source=govdelivery](https://www.aecf.org/resources/expectant-and-parenting-youth-in-foster-care/?utm_medium=email&utm_source=govdelivery)



THE ANNIE E. CASEY FOUNDATION



This Week in  
Juvenile Justice

