



PROFESSIONAL DEVELOPMENT PROGRAM

ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

# Monthly Newsletter

OCTOBER 2020

PDP

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# Webex Training

PDP

## October 1

1:00 p.m. – 4:00 p.m.

**Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

## October 2

1:00 p.m. – 4:00 p.m.

**Transition Plan: Helping Youth in Care Plan for their Future**

## October 5

9:00 a.m. – 12:00 p.m.

**Permanency Options for Youth**

1:00 p.m. – 4:00 p.m.

**Essential Communication Skills for Working with Youth**

## October 6

10:00 a.m. – 1:00 p.m.

**Preparing Youth in Care for the College Experience**

1:00 p.m. – 4:00 p.m.

**Transition Plan: Helping Youth in Care Plan for their Future**

## October 7

9:00 a.m. – 12:00 p.m.

**Preparing Youth for Employment**

1:00 p.m. – 4:00 p.m.

**Boundaries: Setting Limits and Sharing Safely**

## October 8

10:00 a.m. – 1:00 p.m.

**Essential Communication Skills for Working with Youth**

1:00 p.m. – 4:00 p.m.

**Permanency Options for Youth**

## October 9

10:00 a.m. – 1:00 p.m.

**Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

1:00 p.m. – 4:00 p.m.

**Transition Plan: Helping Youth in Care Plan for their Future**

## October 13

9:00 a.m. – 12:00 p.m.

**Essential Communication Skills for Working with Youth**

1:00 p.m. – 4:00 p.m.

**Permanency Options for Youth**

Webex offerings are updated daily. To register, visit the Human Services Learning Center at <https://www.hslcnys.org/> or contact Meaghan Hurley, [mhurley@albany.edu](mailto:mhurley@albany.edu) or 518-442-6558 for the most up to date trainings. For the latest training descriptions visit: <https://bit.ly/320EeQQ>



# Webex Training

PDP

## October 14

10:00 a.m. – 1:00 p.m. **Preparing Youth for Employment**  
1:00 p.m. – 4:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

## October 15

9:00 a.m. – 12:00 p.m. **Preparing Youth in Care for the College Experience**  
1:00 p.m. – 4:00 p.m. **Boundaries: Setting Limits and Sharing Safely**

## October 16

9:00 a.m. – 12:00 p.m. **Essential Communication Skills for Working with Youth**  
1:00 p.m. – 4:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

## October 19

9:00 a.m. – 12:00 p.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**  
1:00 p.m. – 4:00 p.m. **Boundaries: Setting Limits and Sharing Safely**

## October 20

9:00 a.m. – 12:00 p.m. **Essential Communication Skills for Working with Youth**  
1:00 p.m. – 4:00 p.m. **Permanency Options for Youth**

## October 21

9:00 a.m. – 12:00 p.m. **Motivating and Engaging Youth**  
1:00 p.m. – 4:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

## October 22

10:00 a.m. – 1:00 p.m. **Boundaries: Setting Limits and Sharing Safely**  
1:00 p.m. – 4:00 p.m. **Preparing Youth in Care for the College Experience**

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# Webex Training

PDP

## October 23

9:00 a.m. – 12:00 p.m. **Preparing Youth for Employment**

10:00 a.m. – 1:00 p.m. **Permanency Options for Youth**

## October 26

9:00 a.m. – 12:00 p.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

10:00 a.m. – 1:00 p.m. **Essential Communication Skills for Working with Youth**

## October 27

10:00 a.m. – 1:00 p.m. **Boundaries: Setting Limits and Sharing Safely**

1:00 p.m. – 4:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

## October 28

9:00 a.m. – 12:00 p.m. **Permanency Options for Youth**

1:00 p.m. – 4:00 p.m. **Preparing Youth in Care for the College Experience**

## October 29

10:00 a.m. – 1:00 p.m. **Essential Communication Skills for Working with Youth**

1:00 p.m. – 4:00 p.m. **Motivating and Engaging Youth**

## October 30

10:00 a.m. – 1:00 p.m. **Transition Plan: Helping Youth Plan for their Future**

1:00 p.m. – 4:00 p.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

Webex offerings are updated daily. To register, visit the Human Services Learning Center at <https://www.hslcnys.org/> or contact Meaghan Hurley, [mhurley@albany.edu](mailto:mhurley@albany.edu) or 518-442-6558 for the most up to date trainings. For the latest training descriptions visit: <https://bit.ly/320EeQQ>



# Resources

PDP

## **Youth in Progress**

View resources for youth in New York State.

[www.youthinprogress.org](http://www.youthinprogress.org)

## **College Success Guide**

“Making College Success a Reality for New York’s Youth in Care” is a resource guide to help students from foster care succeed in college and graduate with pride and better possibilities for their futures.

<https://bit.ly/3kG1MUU>

## **Resilience & Burnout One Resource**

This journal article highlights retention and turnover issues in child welfare through a comprehensive literature review of 65 articles focusing on research addressing individual and organizational factors related to burnout and resilience in the child welfare workforce.

<https://bit.ly/3iTLirF>

## **Remote Casework Article: For Child Welfare Stakeholders in the Time of COVID-19**

This whitepaper provides evidence-informed guidance for child welfare stakeholders about the use of technology for remote and virtual casework during COVID-19. Best practices and tips are provided for agencies, workers, foster parents, parents/family members, foster youth and policy makers.

<https://bit.ly/3ctfelH>

## **The Imprint Youth & Family News**

What if the decision to remove youth and/or arrest foster parents were made blindly, without knowing their race? Read about this topic in "The Case for Race-Blind Foster Care Removal Decisions". Article about "The Case for Race-Blind Foster Care Removal Decisions"

<https://bit.ly/2ZW6BBd>

## **Domestic Violence Awareness Month**

Domestic violence was already an epidemic before COVID-19, but the health crisis has caused a tremendous spike in incidents of abuse. Join us in activating bystanders and sharing information that can help those who are experiencing violence during this unprecedented time. Together, we can help our friends, neighbors, and communities by #ListeningFromHome.

<https://bit.ly/2RSNPpW>

## **Mental Illness Awareness**

On October 11, "This Is My Brave", a virtual presentation of essays, original music, comedy, and poetry performed by individuals living with – or loving someone with – a mental health condition premieres on YouTube. Register to attend.

<https://bit.ly/3iXm9fF>



# SOCIAL CONNECTION

*October 2020 Social Media Updates*



## YOUTH EVENTS

You can choose more than one!  
Register for the statewide event  
AND your regional event!

<https://bit.ly/361wCDL>

## MENTAL ILLNESS

Don't miss "This Is My Brave," a virtual presentation of essays, original music, comedy, and poetry performed by individuals living with or loving someone with a mental health condition. Register to attend:

<https://bit.ly/3mRopYr>



## Domestic Violence Awareness Month

October

## DOMESTIC VIOLENCE AWARENESS

COVID-19 has caused a spike in incidents of domestic abuse. More than ever, we must raise awareness and check on family, friends, and neighbors. Read more about what you can do:

<https://bit.ly/3kCzQAY>



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Post until 10/31





# SOCIAL CONNECTION

*October 2020 Social Media Updates*

## WHAT'S YOUR FAVORITE BOOK?

### BOOK MONTH

It's National Book Month! Check out the top 100 most-loved novels here:  
<https://to.pbs.org/3cmDrQN>

### MENTAL HEALTH

This month take the time to better understand your mental health and find the support you need.  
<https://bit.ly/33Uzgb6>

Mental  
health  
BEGINS  
With me



### STOMP OUT BULLYING

During the month of October, we challenge you to try new ways to prevent bullying. Read about different methods to help stop bullying at your school, in-person or virtually..  
<https://bit.ly/2FHRx3B>



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