



PROFESSIONAL DEVELOPMENT PROGRAM

ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

# Monthly Newsletter

MAY 2021

PDP

## IN THIS ISSUE

WebEx...2

Resources...5

Follow Us for the Latest News on our  
Social Media Channels



@youthinprogress\_ny



@youthinprogress



@YIPNewYork

## Contact Information

**Michael Cozzens, M.Ed**

Training Program Coordinator

Professional Development Program

Rockefeller College, University at Albany

4 Tower Place

Albany, NY 12203

**Phone:** 518-442-6514

**E-mail:** mcozzens@albany.edu



# Webex Training

PDP

## May 3

10:00 a.m. – 12:30 p.m. **Essential Communication Skills for Working with Youth**  
1:00 p.m. – 3:30 p.m. **Permanency Options for Youth**

## May 4

1:00 p.m. – 4:00 p.m. **Motivating and Engaging Youth**

## May 5

10:00 a.m. – 12:30 p.m. **Street Smarts: Safety Skills for Youth in Care**

## May 6

1:00 p.m. – 3:30 p.m. **Boundaries: Setting Limits and Sharing Safely**

## May 7

10:00 a.m. – 12:30 p.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

## May 10

10:00 a.m. – 12:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**  
1:00 p.m. – 4:00 p.m. **Permanency Options for Youth**

## May 11

9:00 a.m. – 11:30 a.m. **Preparing Youth in Care for the College Experience**

## May 12

10:00 a.m. – 12:30 p.m. **Permanency Options for Youth**  
1:00 p.m. – 3:30 p.m. **Street Smarts: Safety Skills for Youth in Care**

To register, visit the Human Services Learning Center  
at <https://www.hslcnys.org/> or contact Meaghan Hurley,  
mhurley@albany.edu or 518-442-6558 for the most up to date trainings.  
For the latest training descriptions visit: <https://bit.ly/320EeQQ>



# Webex Training

PDP

- May 13**  
1:00 p.m. – 3:30 p.m.     **Boundaries: Setting Limits and Sharing Safely**
- May 14**  
1:00 p.m. – 3:30 p.m.     **Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility**
- May 17**  
9:00 a.m. – 11:30 a.m.     **Essential Communication Skills for Working with Youth**  
1:00 p.m. – 3:30 p.m.     **Preparing Youth in Care for the College Experience**
- May 18**  
10:00 a.m. – 12:30 p.m.     **Transition Plan: Helping Youth in Care Plan for their Future**  
1:00 p.m. – 3:30 p.m.     **Boundaries: Setting Limits and Sharing Safely**
- May 19**  
10:00 a.m. – 12:30 p.m.     **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**  
1:00 p.m. – 3:30 p.m.     **Street Smarts: Safety Skills for Youth in Care**
- May 20**  
10:00 a.m. – 12:30 p.m.     **Preparing Youth in Care for Employment**
- May 24**  
10:00 a.m. – 12:30 p.m.     **Essential Communication Skills for Working with Youth**  
1:00 p.m. – 3:30 p.m.     **Permanency Options for Youth**
- May 25**  
10:00 a.m. – 12:30 p.m.     **Preparing Youth in Care for the College Experience**

To register, visit the Human Services Learning Center  
at <https://www.hslcnys.org/> or contact Meaghan Hurley,  
mhurley@albany.edu or 518-442-6558 for the most up to date trainings.  
For the latest training descriptions visit: <https://bit.ly/320EeQQ>



# Webex Training

PDP

- May 26**  
1:00 p.m. – 3:30 p.m.     **Boundaries: Setting Limits and Sharing Safely**
- May 27**  
10:00 a.m. – 12:30 p.m.     **Transition Plan: Helping Youth in Care Plan for their Future**  
1:00 p.m. – 3:30 p.m.     **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**
- May 28**  
1:00 p.m. – 3:30 p.m.     **Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility**

To register, visit the Human Services Learning Center  
at <https://www.hslcnys.org/> or contact Meaghan Hurley,  
mhurley@albany.edu or 518-442-6558 for the most up to date trainings.  
For the latest training descriptions visit: <https://bit.ly/320EeQQ>





# Resources

PDP

## **Youth in Progress**

View resources for youth in New York State.

[www.youthinprogress.org](http://www.youthinprogress.org)

## **Foster Care Awareness Month - Foster Care as a Support to Families, Not a Substitute for Parents**

Access resources and learn how to enhance the lives of youth and families in foster care.

<https://www.childwelfare.gov/fostercaremonth/>

## **New Guidance from NYSED and OMH on Supporting Student Mental Health**

NYSED and OMH released a document highlighting the increased mental health needs of students. The pandemic has taken a toll on mental health, and especially on the mental health of youth. This letter outlines ways to support students, educators, and families during this time, including resources for returning back to in-person learning.

<https://www.mentalhealthdnys.org/>

## **\$800 Million in Funds Announced for Homeless Students**

The U.S. Department of Education (ED) announced the availability of \$800 million to support the identification, enrollment, participation, and success of children and youth experiencing homelessness, and to provide them with wrap-around services in light of the COVID-19 pandemic. This is eight times the FY2021 appropriation for the McKinney-Vento Act's Education for Homeless Children and Youth (EHCY) program, and more than the previous ten years of EHCY funding combined. Continue reading the rest of the press release below.

<https://bit.ly/2PuR1L0>

## **Statewide Youth Services Training Course Catalog**

Browse the descriptions of all the Webex course trainings, their duration and any prerequisites you may need.

[https://youthinprogress.org/default/assets/File/yst\\_catalog\\_100719-ADA.pdf](https://youthinprogress.org/default/assets/File/yst_catalog_100719-ADA.pdf)

## **Empowering Youth Caregivers Video Series**

This video series demonstrates the importance of agency capacity as well as community and caregiver networks to strengthen families and achieve positive outcomes for children. In these videos, caregivers discuss their role in strengthening families through foster care practices and processes, including family reunification, adoption, therapeutic services, respite care, and collaboration with birth families and kin.

<https://bit.ly/3xuav3z>



# SOCIAL CONNECTION

*May 2021 Social Media Updates*



## #FOSTERCAREMONTH

"Foster Care as a Support to Families, Not a Substitute for Parents" is our focus this year for Foster Care Awareness month. Follow along with us on our social media channels and visit our feature page for helpful youth, family and professional resources.

<https://bit.ly/2QCYxUJ>

## STORIES OF FOSTER CARE

Storytelling is a powerful way to connect how the foster care system can support youth and families. This video series explores engaging youth, amplifying youth voice, and helping to build meaningful connections for all.

<https://bit.ly/3xvI19v>



## STRENGTHENING FAMILIES

Hear from caregivers who discuss their role in strengthening families through foster care practices and processes, including family reunification, adoption, therapeutic services, respite care, and collaboration with birth families and kin.

<https://bit.ly/2R8fRRv>



@youthinprogress



@youthinprogress\_ny



@YIPNewYork

Post until 5/31





# SOCIAL CONNECTION

May 2021 Social Media Updates



## MENTAL WELLNESS

With the weather warming up, it's a great time to get outside and jump- start your mental wellness with these four helpful practices:

<https://bit.ly/3cAMgsf>

## KINGAP

How does Kinship Guardianship differ from foster care and adoption assistance? We've broken it down for you.

<https://bit.ly/3vnx3RN>



## College, Continuing Education and Scholarships

## PAYING FOR COLLEGE

Did you know students must re-apply for new funding each academic year? After submitting the Free Application for Federal Student Aid (FAFSA), you can apply for Education and Training Vouchers (ETV) and other programs. Check out our list.

<https://bit.ly/2R7ZcNG>



@youthinprogress



@youthinprogress\_ny



@YIPNewYork

Post until 5/31