PROFESSIONAL DEVELOPMENT PROGRAM
ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

Monthly Newsletter

APRIL 2021

PDP

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Webex Training

PDP

April 6
9:00 a.m. – 11:30 a.m. **Essential Communication Skills for Working with Youth**
1:00 p.m. – 3:30 p.m. **Permanency Options for Youth**

April 7
10:00 a.m. – 12:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**
1:00 p.m. – 3:30 p.m. **Street Smarts: Safety Skills for Youth in Care**

April 8
1:00 p.m. – 3:30 p.m. **Preparing Youth in Care for the College Experience**

April 9
1:00 p.m. – 3:30 p.m. **Boundaries: Setting Limits and Sharing Safely**

April 12
9:00 a.m. – 11:30 a.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

April 13
10:00 a.m. – 12:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**
1:00 p.m. – 4:00 p.m. **Motivating and Engaging Youth**

April 14
1:00 p.m. – 3:30 p.m. **Essential Communication Skills for Working with Youth**

April 15
10:00 a.m. – 12:30 p.m. **Permanency Options for Youth**

April 16
10:00 a.m. – 12:30 p.m. **Boundaries: Setting Limits and Sharing Safely**

To register, visit the Human Services Learning Center at https://www.hslcnys.org/ or contact Meaghan Hurley, mhurley@albany.edu or 518-442-6558 for the most up to date trainings. For the latest training descriptions visit: https://bit.ly/320EeQO

Webex Training

PDP

April 19
1:00 p.m. – 3:30 p.m. **Preparing Youth in Care for the College Experience**

April 20
9:00 a.m. – 11:30 a.m. **Preparing Youth in Care for Employment**
1:00 p.m. – 3:30 p.m. **Permanency Options for Youth**

April 21
10:00 a.m. – 12:30 p.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**
1:00 p.m. – 3:30 p.m. **Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility**

April 22
10:00 a.m. – 12:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**
1:00 p.m. – 4:00 p.m. **Motivating and Engaging Youth**

April 26
9:00 a.m. – 11:30 a.m. **Essential Communication Skills for Working with Youth**
1:00 p.m. – 3:30 p.m. **Street Smarts: Safety Skills for Youth in Care**

April 27
10:00 a.m. – 12:30 p.m. **Preparing Youth in Care for the College Experience**
1:00 p.m. – 3:30 p.m. **Boundaries: Setting Limits and Sharing Safely**

April 28
1:00 p.m. – 3:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**

April 29
10:00 a.m.– 12:30 p.m. **Preparing Youth in Care for Employment**

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Webex Training

PDP

April 30

9:00 a.m. – 11:30 a.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

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Resources

PDP

Youth in Progress

View resources for youth in New York State.
www.youthinprogress.org

Compassion Fatigue

This article from Center for Educational Improvement discusses the emotional fatigue that educators experience which can turn into burnout. Learn what compassion fatigue is, how to recognize it, and how to address it.
https://bit.ly/3frcLBX

Engaging Families in Congregate Care

This article talks about how empowering families as partners and decision-makers has the potential to improve child welfare quality and outcomes.
https://bit.ly/3cQrzbR

Practicing Under Pressure: Intersection of Social Work and Law Enforcement

On April 16, hear from mental health policy experts and social workers as they talk about the implications of racism, law enforcement, and policy on practice in this webinar.
https://bit.ly/3dnwa4j

Understanding Gender

This presentation helps to raise understanding and awareness surrounding the topic of gender. Explore what gender is and the ways we experience gender from gender roles/norms to our own gender identity and expression. The presentation also discusses what it means to be transgender and what transphobia is and how we see it in our world. Through lecture and open discussion, students also learn skills for responding to anti-LGBTQ bias in their schools and communities and how to be an ally to the transgender community.
https://bit.ly/31MNCd3

Child and Youth Homelessness and the American Rescue Plan Act

This webinar recording from School House Connections provides an overview of the final law, and what happens next.
The recording: https://bit.ly/3u8dQTr
The PowerPoint: https://bit.ly/3m3sg4B

SOCIAL CONNECTION

April 2021 Social Media Updates

WE NEED YOU!

Do you know a young adult who has lived in foster care, experienced homelessness or has been involved in the juvenile justice system? Are they open to sharing those experiences? Find out more about this job opportunity: https://bit.ly/31x4iVN

WORLD AUTISM DAY

April 2nd was World Autism Day. What do you know about autism? Do you know someone with autism or do you not know much at all Learn more or start learning about autism now: https://bit.ly/3sEjVGR

SPRING ACTIVITIES

Looking for ways to enjoy the warmer weather? Why not #SpringIntoNY with an outdoor adventure, flower show, food festival and more! https://bit.ly/3cydTlE

SOCIAL CONNECTION

April 2021 Social Media Updates

MENTAL WELLNESS

With the weather warming up, it's a great time to get outside and jump start your mental wellness with these four helpful practices: https://bit.ly/3cAMgsf

TEEN MENTAL HEALTH

Do you work with teens? The National Institute of Mental Health shares 7 things you should know about the developing teen brain. https://bit.ly/3rEoWOi

RE-ENTRY INTO CARE

If you have youth who are eligible and interested in re-entering foster care:

E-mail: chafee@ocfs.ny.gov