

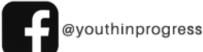


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Contact Information

Melissa Rivera

Youth Engagement Specialist NYS OCFS Westchester Office 117 E Stevens Ave / Valhalla, NY 10595 (P) 914-801-3264 Melissa.Rivera@ocfs.ny.gov



August 3

10:00 a.m. – 1:00 p.m. **Permanency Options for Youth**

1:00 p.m. - 4:00 p.m Essential Communication Skills for Working with Youth

August 4

10:00 a.m. − 1:00 p.m. Transition Plan: Helping Youth in Care Plan for their Future

1:00 p.m. – 4:00 p.m. Permanency Options for Youth

August 5

10:00 a.m. — 1:00 p.m. Preparing Youth for the College Experience

12:00 a.m. – 3:00 p.m. Boundaries: Setting Limits and Sharing Safely

August 7

1:00 p.m. - 4:00 p.m. Essential Communication Skills for Working with Youth

August 10

9:00 a.m. - 12:00 p.m. Preparing Youth for Employment

August 11

9:30 a.m. – 12:00 p.m. Transition Plan: Helping Youth in Care Plan for their Future

1:00 p.m. - 4:00 p.m. Boundaries: Setting Limits and Sharing Safely

August 12

9:00 a.m. - 12:00 p.m. Preparing Youth for Employment

12:30 p.m. — 3:30 p.m. Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

August 13

10:00 a.m. − 1:00 p.m. Permanency Options for Youth

1:00 p.m. - 4:00 p.m. Essential Communication Skills for Working with Youth

Webex offerings are updated daily. To register, visit the Human Services Learning Center at https://www.hslcnys.org/ or contact Meaghan Hurley, mhurley@albany.edu or 518-442-6558 for the most up to date trainings. For the latest training descriptions visit: https://bit.ly/320EeQO



August 14

9:00 a.m. - 12:00 p.m. Boundaries: Setting Limits and Sharing Safely

August 17

1:00 p.m. - 4:00 p.m. Motivating and Engaging Youth (pilot)

August 18

10:00 a.m. − 1:00 p.m. Preparing Youth for Employment

1:00 p.m. - 4:00 p.m. Boundaries: Setting Limits and Sharing Safely

August 19

9:30 a.m. – 12:30 p.m. Permanency Options for Youth

1:00 p.m. - 4:00 p.m. Essential Communication Skills for Working with Youth

August 20

9:00 a.m. - 12:30 p.m. Preparing Youth for the College Experience

1:00 p.m. – 4:00 p.m. Transition Plan: Helping Youth Plan for their Future

August 21

9:00~a.m.-12:00~p.m. Boundaries: Setting Limits and Sharing Safely

 $1:00\ p.m.-4:00\ p.m.$ Essential Communication Skills for Working with Youth

August 24

10:00 a.m. − 1:00 p.m. Permanency Options for Youth

August 25

9:00~a.m.-12:00~p.m. Essential Communication Skills for Working with Youth

1:00 p.m. - 4:00 p.m. Boundaries: Setting Limits and Sharing Safely

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August 26

10:00 a.m. – 1:00 p.m. Transition Plan: Helping Youth Plan for their Future

August 27

9:30~a.m.-12:30~p.m. Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

1:00 p.m. - 4:00 p.m. Preparing Youth for the College Experience

August 28

9:00 a.m. – 12:00 p.m. Motivating and Engaging Youth

1:00 p.m. - 4:00 p.m. Essential Communication Skills for Working with Youth

August 31

10:00 a.m. - 1:00 p.m. Boundaries: Setting Limits and Sharing Safely



Youth in Progress

View resources for youth in New York State.

www.youthinprogress.org

Back to School

This frightening and unprecedented time adds an additional level of stress to providing reassurance and a sense of normalcy to foster and adopted youth returning to school. View an article on this topic on the Chronicle of Social Change website.

https://bit.ly/2DaeXNo

Free Foster Parent Training

The National Foster Parent Association (NFPA) is now providing online training to caregivers nationwide via the NFPA Training Institute.

https://www.nfpati.org/collections?page=1

20-21 School Year

NYC Department of Education Information Sessions.

https://www.schools.nyc.gov/school-year-20-21/return-to-school-2020

Race Talk

A Series of Short Films about Identity in America" The New York Times is featuring personal stories that reflect the breadth of experiences related to race in the United States.

https://www.nytimes.com/interactive/projects/your-stories/conversations-on-race

Emmanuel Acho sits down to have an "uncomfortable conversation" with white America, in order to educate and inform on racism, system racism, social injustice, rioting & the hurt African Americans are feeling today.

https://www.youtube.com/watch?v=h8jUA7JBkF4

Stay Healthy

YMCA 360 offers workout videos online.

https://www.youtube.com/channel/UCOGt_IpceP_xQhhCMCrut_A

Transgender Resources

The Trans Youth Handbook provides steps to change identity, healthcare rights, and more.

https://transyouthhandbook.org/

Grief

The Dougy Center provides resources, support groups and more to help those teens grieving. https://www.dougy.org/grief-resources/help-for-teens/



SOCIAL CONNECTION

August 2020 Social Media Updates

Student and Family Information Sessions

August 12 & 27



ONLINE LEARNING

The NYC Department of Education has put together family and student information sessions to better understand plans for the upcoming school year. Register here: https://on.nyc.gov/2E43FdL

CONVERSATIONS ON RACE

Watch this video to hear from different individuals about their experiences with race inequality: https://nyti.ms/3fQrAM1



TRANS YOUTH HANDBOOK

Do you identify as transgender? Learn about changing your identity, about your healthcare and work rights and more in this handbook:

https://transyouthhandbook.org/









SOCIAL CONNECTION

August 2020 Social Media Updates



HOME SAFARI

How does a trip to the zoo sound? Join the Cincinnati Zoo for a home safari and take the guiz for a chance to win tickets!

https://bit.ly/2BmEkuP

DEALING WITH GRIEF

"I'm the only one." Have you felt this way while grieving a loss? You are not alone. The Dougy Center has put together resources, support groups and more to help those grieving:

https://bit.ly/2Br4Wec





YMCA 360

Work out with the YMCA on YouTube! Start your workout here: https://bit.ly/32QpnMC





