



PROFESSIONAL DEVELOPMENT PROGRAM

ROCKEFELLER COLLEGE UNIVERSITY AT ALBANY State University of New York

Monthly Newsletter

MARCH 2021

PDP

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Webex Training

PDP

March 1

9:00 a.m. – 11:30 a.m. **Preparing Youth in Care for the College Experience**
1:00 p.m. – 3:30 p.m. **Boundaries: Setting Limits and Sharing Safely**

March 2

10:00 a.m. – 12:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**
1:00 p.m. – 3:30 p.m. **Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility**

March 3

9:00 a.m. – 12:00 p.m. **Motivating and Engaging Youth**
1:00 p.m. – 3:30 p.m. **Permanency Options for Youth**

March 4

1:00 p.m. – 3:30 p.m. **Essential Communication Skills for Working with Youth**

March 5

9:00 a.m. – 11:30 a.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

March 8

1:00 p.m. – 3:30 p.m. **Preparing Youth in Care for the College Experience**

March 9

10:00 a.m. – 12:30 p.m. **Street Smarts: Safety Skills for Youth in Care**
1:00 p.m. – 3:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**

February 10

9:00 a.m. – 11:30 a.m. **Preparing Youth in Care for Employment**
1:00 p.m. – 3:30 p.m. **Boundaries: Setting Limits and Sharing Safely**

To register, visit the Human Services Learning Center
at <https://www.hslcnys.org/> or contact Meaghan Hurley,
mhurley@albany.edu or 518-442-6558 for the most up to date trainings.
For the latest training descriptions visit: <https://bit.ly/320EeQQ>



Webex Training

PDP

March 11

1:00 p.m. – 3:30 p.m. **Permanency Options for Youth**

March 12

10:00 a.m. – 11:30 a.m. **Essential Communication Skills for Working with Youth**

March 15

9:00 a.m. – 11:30 a.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**
1:00 p.m. – 3:30 p.m. **Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility**

March 16

10:00 a.m. – 12:30 p.m. **Preparing Youth in Care for the College Experience**
1:00 p.m. – 4:00 p.m. **Motivating and Engaging Youth**

March 17

10:00 a.m. – 12:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**
1:00 p.m. – 3:30 p.m. **Street Smarts: Safety Skills for Youth in Care**

March 18

10:00 a.m. – 12:30 p.m. **Permanency Options for Youth**
1:00 p.m. – 3:30 p.m. **Essential Communication Skills for Working with Youth**

March 19

9:00 a.m. – 11:30 a.m. **Preparing Youth in Care for Employment**

March 22

10:00 a.m. – 12:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**
1:00 p.m. – 3:30 p.m. **Permanency Options for Youth**

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Webex Training

PDP

March 23

10:00 a.m. – 12:30 p.m. **Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**
1:00 p.m. – 3:30 p.m. **Street Smarts: Safety Skills for Youth in Care**

March 24

9:00 a.m. – 12:30 p.m. **Essential Communication Skills for Working with Youth**
1:00 p.m. – 3:30 p.m. **Boundaries: Setting Limits and Sharing Safely**

March 25

10:00 a.m. – 12:30 p.m. **Street Smarts: Safety Skills for Youth in Care**
1:00 p.m. – 3:30 p.m. **Transition Plan: Helping Youth in Care Plan for their Future**

March 26

9:00 a.m. – 11:30 a.m. **Preparing Youth in Care for the College Experience**

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For the latest training descriptions visit: <https://bit.ly/320EeQQ>



Resources

PDP

Youth in Progress

View resources for youth in New York State.

www.youthinprogress.org

LGBTQ Provider and Foster Care Learning Exchange - March 5

OCFS is hosting an interactive web-based conversation for child welfare districts, voluntary agencies and LGBTQ service providers to support forging stronger local collaborations. Foster care providers will learn about the needs of LGBTQ youth, as well as the services typically offered by LGBTQ centers (training, technical assistance, referrals, etc.). LGBTQ center representatives will hear from LGBTQ-identified OCFS Youth Advisory Board members about the needs of foster youth who are LGBTQ. The program will include breakouts by region to map out future opportunities for collaboration. You must register at the link below.

<https://bit.ly/3r4Bj6l>

Understanding Childhood Grief and Loss: A Discussion Guide

This discussion guide is designed to help parent group leaders facilitate a conversation that will help parents and caregivers understand childhood grief and loss, connect behaviors with these emotions, and offer support that may help a child through their mourning.

<https://bit.ly/2P4rc3L>

Incorporating Trauma-Informed Care in Adolescent Pregnancy Prevention Programs

This brief provides information and resources on trauma-informed care (TIC) for staff of adolescent pregnancy prevention (APP) programs. The brief describes how a history of trauma can impact youth's well-being and presents principles of trauma-informed care that APP staff can incorporate into their programming to meet the needs of youth with trauma histories. The brief also provides a tool for staff to assess their use of such care and a list of resources and organizations for those seeking more information.

<https://bit.ly/2NSCzLH>

Child Welfare is Due for a Revolution

This article discusses a new way forward that will not just build a better version of the current system, it will begin from a different premise. Instead of building a system that keeps children safe from their families, it will be one based on keeping children safely with their families.

<https://bit.ly/3kt0QEs>



SOCIAL CONNECTION

February 2021 Social Media Updates

LEARNING EXCHANGE

Office of Children and Family Services

LGBTQ YOUTH TRAINING

The Office of Children and Family Services is hosting an interactive web-based conversation about the needs of LGBTQ youth, as well as the services typically offered by LGBTQ centers.

<https://bit.ly/3r4Bj6l>

PANDEMIC RELIEF

New Federal Legislation provides new funding delivered – through the Chafee Program – to youth aged 14-26 who have experienced foster care. It also makes it easier for young people to access services.

<https://bit.ly/3dNx3F1>



WOMEN'S DAY

International Women's Day is a day to celebrate women's achievements, raise awareness for equality and fundraise for women focused charities. Learn more about this year's theme here:

<https://bit.ly/3qUH5b7>



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Post until 3/30



SOCIAL CONNECTION

March 2021 Social Media Updates

Bloom



WELCOME SPRING

March 20th is the first day of Spring, the season of new beginnings. We might love an early and warm Spring but farmers and insects might not agree. Read about what it means for them. <https://bit.ly/3q0KgN7>

HEARD FROM YOUTH

Another topic of concern at the youth events was when siblings are separated after entering foster care.

'Caseworkers need to ensure that siblings remain in contact while separated in care.'

For foster youth who have aged out or will age out between

April 1, 2020 and September 30, 2021

Re-entry is available if they are 21 until September 30.

RE-ENTRY INTO CARE

If you have youth who are interested and eligible in re-entering foster care:

E-mail: chafee@ocfs.ny.gov



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Post until 3/30