



Monthly Newsletter

April 2024

PDP

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Webex Trainings

PDP

Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility

Wednesday, April 3

1:00 p.m. – 4:00 p.m.

Wednesday, April 24

1:00 p.m. – 4:00 p.m.

An Introduction to Regulating Emotions (1 hour Webex)

Wednesday, April 3

5:30 p.m. – 6:30 p.m.

Monday, April 8

2:00 p.m. – 3:00 p.m.

Thursday, April 18

11:00 a.m. – 12:00 p.m.

Friday, April 26

11:00 a.m. – 12:00 p.m.

An Introduction to Trauma Informed Healing Centered Engagement (1 hour Webex)

Thursday, April 4

2:00 p.m. – 3:00 p.m.

Friday, April 12

11:00 a.m. – 12:00 p.m.

Wednesday, April 17

2:00 p.m. – 3:00 p.m.

Thursday, April 25

2:00 p.m. – 3:00 p.m.

Boundaries: Setting Limits and Sharing Safely

Tuesday, April 2

1:00 p.m. – 3:30 p.m.

Wednesday, April 17

10:00 a.m. – 12:30 p.m.

Bullying: Spot It, Stop It

Wednesday, April 3

10:00 a.m. – 1:00 p.m.

Monday, April 15

1:00 p.m. – 4:00 p.m.

Monday, April 29

1:00 p.m. – 4:00 p.m.

Essential Communication Skills for Working with Youth

Tuesday, April 9

1:00 p.m. – 3:30 p.m.

Tuesday, April 23

10:00 a.m. – 12:30 p.m.

Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

Thursday, April 11

1:00 p.m. – 3:30 p.m.

Monday, April 22

1:00 p.m. – 3:30 p.m.

Permanency Options for Youth

Monday, April 1

1:00 p.m. – 3:30 p.m.

Wednesday, April 10

10:00 a.m. – 12:30 p.m.

Tuesday, April 23

1:00 p.m. – 3:30 p.m.

Preparing Youth for Employment

Thursday, April 4

10:00 a.m. – 12:30 p.m.

Tuesday, April 16

10:00 a.m. – 12:30 p.m.

Tuesday, April 30

1:00 p.m. – 3:30 p.m.

Preparing Youth in Care for the College Experience

Friday, April 5

10:00 a.m. – 12:30 p.m.

Tuesday, April 16

1:00 p.m. – 3:30 p.m.

Promoting Resilience: Fostering Youth Empowerment

Tuesday, April 2

10:00 a.m. – 1:30 p.m.

Wednesday, April 10

1:00 p.m. – 4:30 p.m.

Wednesday, April 24

10:00 a.m. – 1:30 p.m.

Street Smarts: Safety Skills for Youth in Care

Thursday, April 11

10:00 a.m. – 12:30 p.m.

Classroom Trainings

PDP

Region 1

Identifying and Supporting Survivors of Commercial Sexual Exploitations of Children (CSEC) (Part 1)

Thursday, April 25

9:00 a.m. – 4:00 p.m.
West Seneca, NY

Region 2

Boundaries: Setting Limits & Sharing Safely

Monday, April 29

12:00 p.m. – 3:00 p.m.
Rochester, NY

Region 3

Essential Communication Skills for Working with Youth

Thursday, April 11

9:00 a.m. – 12:00 p.m.
Binghamton, NY

Motivating and Engaging Youth (Part 1)

Tuesday, April 16

9:30 a.m. – 12:00 p.m.
Binghamton, NY

Motivating and Engaging Youth (Part 2)

Wednesday, April 17

9:30 a.m. – 12:00 p.m.
Binghamton, NY

To register, email:

Region 1

Kim Grose

kimberly.grose@ocfs.ny.gov

Region 2

Kendra Drake

kendra.drake@ocfs.ny.gov

Region 3

Katie Rushlo-Mercado

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YIP Meetings

PDP

Theme: Your Transition Plan

- Section Overview
 - * Family Feud Activity
- Trial Discharge
- Re-Entry

Region 1 (Buffalo)

Monday, April 29

4:00 p.m. – 5:30 p.m. (Webex)

Tuesday, April 30

4:00 p.m. – 5:30 p.m. (Classroom)
Buffalo, NY

Region 2 (Rochester)

Wednesday, April 17

10:00 a.m. – 11:30 p.m. (Classroom)
Rochester, NY

Tuesday, April 30

1:00 p.m. – 2:30 p.m. (Classroom)
Bath, NY

Region 4 (Albany)

Thursday, April 11

4:00 p.m. – 5:30 p.m. (Webex)

Region 5 (Westchester)

Wednesday, April 24

4:00 p.m. – 5:30 p.m. (Classroom)
Syosset, NY

To register, email:

Region 1—Kim Grose
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Region 2—Kendra Drake
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Region 4—Chelsea Perkins
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Region 5—Thomas Califra
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Resources

PDP

Youth in Progress

Youth in Progress gives youth in foster care the opportunity to be heard to make changes to the foster care system. [YouthinProgress.org](https://youthinprogress.org) has resources, events, and involvement opportunities. Check it out today!

Revised, Youth-Driven Transition Plan

On January 24, the New York State Office of Children and Family Services (OCFS) released a revised Transition Plan Form. Our latest blog explains the updates.

<https://youthinprogress.org/resources/topics/a-new-youth-driven-transition-plan-in-new-york-state>

Planning for the Future

Are you one of the many young adults planning for the time when you will age out of the foster care system? Here's a resource from the New York City Administration for Children's Services (helpful for all youth across the state—not just NYC youth) to help plan your future.

<https://www.nyc.gov/site/acs/youth/planning-future.page>

Re-Entry

Youth in foster care have the option to voluntarily return to care. Learn more about this important decision and how it can impact a young person's future by checking out this informative article from AFFCNY.

<https://affcny.org/can-a-youth-in-foster-care-voluntarily-return-to-care>

Transition Plan Glossary

One of the three helpful attachments in the new New York State Transition Plan Form to Help Youth Plan for a Successful Discharge (24-OCFS-ADM-01) is the Transition Plan Glossary. It's written for youth. Check it out and be in the know.

<https://ocfs.ny.gov/forms/ocfs/OCFS-5110.pdf>

Transition Resource Guide

The Transition Plan Resource Guide (OCFS-5111) from OCFS's Transition Plan Form (24-OCFS-ADM-01) is a valuable tool to help create a plan for self-sufficiency. Learn more about it on the Youth In Progress website.

<https://youthinprogress.org/resources/topics/what-happens-if-i-sign-myself-out-of-care1>