



Monthly Newsletter

April 2025

PDP

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Webex Trainings

PDP

Adolescent Sexuality: Promoting Sexual Health & Responsibility

Wednesday, April 9

9:00 a.m. – 12:00 p.m.

An Introduction to Regulating Emotions

Tuesday, April 8

2:00 p.m. – 3:00 p.m.

Thursday, April 24

10:00 a.m. – 11:00 a.m.

Monday, April 28

10:30 a.m. – 11:30 a.m.

An Introduction to Trauma Informed Healing Centered Engagement

Monday, April 7

9:00 a.m. – 10:00 a.m.

Wednesday, April 23

1:00 p.m. – 2:00 p.m.

Boundaries: Setting Limits & Sharing Safely

Thursday, April 3

12:30 p.m. – 3:00 p.m.

Bullying: Spot It, Stop It

Tuesday, April 1

1:00 p.m. – 4:00 p.m.

Wednesday, April 16

10:00 a.m. – 1:00 p.m.

Wednesday, April 30

12:30 p.m. – 3:30 p.m.

Essential Communication Skills for Working with Youth

Thursday, April 10

10:30 a.m. – 1:00 p.m.

Milestones & Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

Tuesday, April 8

10:30 a.m. – 1:00 p.m.

Tuesday, April 22

12:30 p.m. – 3:00 p.m.

Motivating & Engaging Youth

Wednesday, April 2

1:30 p.m. – 5:00 p.m.

Monday, April 7

1:00 p.m. – 4:30 p.m.

Tuesday, April 22

10:00 a.m. – 1:30 p.m.

Tuesday, April 29

1:00 p.m. – 4:30 p.m.

Networking & Mapping Resources

Wednesday, April 2

10:30 a.m. – 11:30 a.m.

Monday, April 14

1:00 p.m. – 2:00 p.m.

Tuesday, April 29

6:00 p.m. – 7:00 p.m.

Permanency Options for Youth

Thursday, April 3

10:00 a.m. – 12:30 p.m.

Tuesday, April 15

1:00 p.m. – 3:30 p.m.

Preparing Youth for Employment

Tuesday, April 15

10:30 a.m. – 1:00 p.m.

Preparing Youth for the College Experience

Monday, April 14

9:00 a.m. – 11:30 a.m.

Promoting Resilience: Fostering Youth Empowerment

Wednesday, April 9

1:00 p.m. – 4:30 p.m.

Wednesday, April 23

9:30 a.m. – 1:00 p.m.

Relational Strategies to Build Trust & Connection

Friday, April 4

9:30 a.m. – 10:30 a.m.

Thursday, April 17

1:00 p.m. – 2:00 p.m.

Wednesday, April 30

9:00 a.m. – 10:00 a.m.

Street Smarts: Safety Skills for Youth

Thursday, April 10

12:30 p.m. – 3:00 p.m.

Transition Plan: Helping Youth Plan for Their Future

Tuesday, April 1

9:00 a.m. – 12:30 p.m.

Wednesday, April 16

1:30 p.m. – 5:00 p.m.

Tuesday, April 29

10:00 a.m. – 1:30 p.m.

To register:

Visit **Human Services Learning Center**

<https://www.hslcnys.org>, or email

Lilibeth Donahue ldonahue@albany.edu

For training descriptions, visit:

<https://youthinprogress.org/events-trainings/>



Classroom Trainings

PDP

Region 1

Boundaries: Setting Limits and Sharing Safely

Friday, April 18

10:00 a.m. – 12:30 p.m.

Amherst, NY

Region 2

Creating Lifepaks with Youth

Thursday, April 24

1:00 p.m. – 3:30 p.m.

Rochester, NY

To register, email:

Region 1—Kim Grose

kimberly.grose@ocfs.ny.gov

Region 2 - Kendra Drake

kendra.drake@ocfs.ny.gov



YIP Meetings

PDP

Housing

- Preparing to Live on Your Own
- Housing Options
- Moving
- Housing Considerations

To register, email:

Region 1—Kim Grose
kimberly.grose@ocfs.ny.gov

Region 2—Kendra Drake
kendra.drake@ocfs.ny.gov

Region 3—Katie Rushlo-Mercado
katie.rushlo@ocfs.ny.gov

Region 5 (Long Island)—Angela Cardarelli
angela.cardarelli2@ocfs.ny.gov

Region 5 (Westchester)—Thomas Califra
thomas.califra@ocfs.ny.gov

Statewide—Shainek Edmundson
Shainek.Edmundson3@ocfs.ny.gov

Statewide

Thursday, April 24

3:30 p.m. – 5:00 p.m. (Webex)

Region 1 (Buffalo)

Wednesday, April 30

4:00 p.m. – 5:30 p.m.
Amherst, NY

Region 2 (Rochester)

Thursday, April 10

12:30 p.m. – 2:00 p.m.
Rochester, NY

Region 3 (Syracuse)

Tuesday, April 29

3:30 p.m. – 5:00 p.m.
Endicott, NY

Region 5 (Long Island)

Wednesday, April 9

5:00 p.m. – 6:30 p.m.
Bohemia, NY

Region 5 (Westchester)

Wednesday, April 30

4:00 p.m. – 5:30 p.m. (Webex)



Resources

PDP

Youth in Progress

Youth in Progress gives youth in foster care the opportunity to be heard to make changes to the foster care system. [YouthinProgress.org](https://youthinprogress.org) has resources, events, and involvement opportunities. Check it out today!

Supportive Housing Network of NY

Supportive housing was born in New York City in the early 80s, when a small group of innovators realized that the thousands of people sleeping on city streets didn't just need a place to live, they also needed a measure of support to STAY housed.

<https://shnny.org/supportive-housing%20>

John H. Chafee Foster Care Program for Successful Transition to Adulthood

Chafee funds are used to assist youth/young adults in a wide variety of areas designed to support a successful transition to adulthood. Activities and programs include, but are not limited to, help with education, employment, financial management, housing, emotional support and assured connections to caring adults.

<https://youthinprogress.org/resources/digital-printable-handouts/need-to-know-series/need-to-know-series-preparing-youth-for-success-the-john-h-chafee-foster-care-program-for-successful-transition-to-adulthood/>

Residential Tenants' Rights Guide

Check out this information about your rights as a tenant, including information about leases.

https://ag.ny.gov/sites/default/files/tenants_rights.pdf

Independent Living and Transitioning From Foster Care

Youth in foster care face many challenges as they transition into adulthood and prepare to live on their own. While all youth may struggle to achieve self-sufficiency and independence, youth in out-of-home care face additional obstacles and often benefit from extra support.

<https://www.childwelfare.gov/topics/permanency/independent-living-and-transitioning-foster-care/?top=1402>