



# Monthly Newsletter

## April 2026

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# Webex Trainings

## **Adolescent Sexuality: Promoting Sexual Health & Responsibility**

Tuesday, April 21  
10:00 a.m. – 1:00 p.m.

## **Adult Connections & Family First Prevention Services Act (FFPSA)**

Monday, April 13  
10:00 a.m. – 11:00 a.m.

## **An Introduction to Regulating Emotions**

Thursday, April 2  
1:30 p.m. – 2:30 p.m.

Friday, April 10  
5:00 p.m. – 6:00 p.m.

Wednesday, April 15  
2:00 p.m. – 3:00 p.m.

Monday, April 27  
10:00 a.m. – 11:00 a.m.

## **An Introduction to Trauma Informed Healing Centered Engagement**

Wednesday, April 8  
1:00 p.m. – 2:00 p.m.

Wednesday, April 22  
10:00 a.m. – 11:00 a.m.

## **Boundaries: Setting Limits & Sharing Safely**

Wednesday, April 1  
1:00 p.m. – 3:30 p.m.

Tuesday, April 14  
9:00 a.m. – 11:30 a.m.

Monday, April 27  
1:00 p.m. – 3:30 p.m.

Tuesday, April 28  
5:30 p.m. – 8:00 p.m.

## **Bullying: Spot It, Stop It**

Thursday, April 2  
9:00 a.m. – 12:00 p.m.

Friday, April 17  
9:00 a.m. – 12:00 p.m.

Tuesday, April 28  
1:30 p.m. – 4:30 p.m.

## **Essential Communication Skills for Working with Youth**

Thursday, April 9  
9:30 a.m. – 12:00 p.m.

Monday, April 20  
1:30 p.m. – 4:00 p.m.

## **Identifying and Supporting Survivors of Commercial Sexual Exploitations of Children (CSEC)**

**Part 1**  
Wednesday, April 8  
9:00 a.m. – 4:00 p.m.

**Part 2**  
Wednesday, April 15  
9:00 a.m. – 1:30 p.m.

## **Milestones & Meaning: A Brief Introduction for Emerging LGBTQ+ Allies**

Wednesday, April 1  
10:00 a.m. – 12:30 p.m.

Friday, April 3  
5:30 p.m. – 8:00 p.m.

Thursday, April 16  
1:00 p.m. – 3:30 p.m.

Thursday, April 30  
9:00 a.m. – 11:30 a.m.

## **Motivating & Engaging Youth**

Monday, April 13  
1:30 p.m. – 5:00 p.m.

Tuesday, April 28  
10:00 a.m. – 1:30 p.m.

## **Networking & Mapping Resources**

Tuesday, April 7  
2:00 p.m. – 3:00 p.m.

Friday, April 24  
9:30 a.m. – 10:30 a.m.

## **Permanency Options for Youth**

Monday, April 6  
12:30 p.m. – 3:00 p.m.

Thursday, April 23  
9:00 a.m. – 11:30 a.m.

## **Preparing Youth for Employment**

Thursday, April 16  
10:30 a.m. – 1:00 p.m.

Wednesday, April 29  
9:00 a.m. – 11:30 a.m.

## **Preparing Youth for the College Experience**

Friday, April 10  
9:30 a.m. – 12:30 p.m.

Thursday, April 23  
1:30 p.m. – 4:30 p.m.

## **Promoting Resilience: Fostering Youth Empowerment**

Monday, April 6  
9:30 a.m. – 1:00 p.m.

Tuesday, April 21  
1:00 p.m. – 4:30 p.m.

## **Relational Strategies to Build Trust & Connection**

Thursday, April 9  
1:00 p.m. – 2:00 p.m.

Monday, April 20  
10:00 a.m. – 11:00 a.m.

Wednesday, April 29  
1:00 p.m. – 2:00 p.m.

## **Street Smarts: Safety Skills for Youth**

Tuesday, April 14  
1:00 p.m. – 2:30 p.m.

## **Transition Plan: Helping Youth Plan for Their Future**

Tuesday, April 7  
10:00 a.m. – 1:30 p.m.

Wednesday, April 22  
1:00 p.m. – 4:30 p.m.

Thursday, April 30  
1:00 p.m. – 4:30 p.m.

To register: Visit **Human Services Learning Center** <https://www.hslcnys.org>, or email **Michael Cozzens** [mcozzens@albany.edu](mailto:mcozzens@albany.edu)  
For training descriptions, visit: <https://youthinprogress.org/events-trainings/>

# Classroom Trainings

## Region 1

### Transition Plan: Helping Youth Plan for Their Future

Friday, April 3

10:00 a.m. – 1:30 p.m.

Batavia, NY

### Transition Plan: Helping Youth Plan for Their Future

Thursday, April 9

10:00 a.m. – 1:30 p.m.

Lockport, NY

### Promoting Resilience: Fostering Youth Empowerment

Thursday, April 23

10:00 a.m. – 1:30 p.m.

Lockport, NY

## Region 2

### Permanency Options for Youth

Wednesday, April 8

10:00 a.m. – 3:00 p.m.

Rochester, NY

### Building & Supporting Safety Skills for Youth

Wednesday, April 15

9:30 a.m. – 3:30 p.m.

Rochester, NY

## Region 3

### Cultural Connections: An Introduction for Foster Parents

Monday, April 13

5:00 p.m. – 7:00 p.m.

Syracuse, NY

## Region 4

### Essential Communication Skills for Working with Youth

Thursday, April 9

9:00 a.m. – 12:00 p.m.

Rensselaer, NY

### Motivating & Engaging Youth

Monday, April 27

9:00 a.m. – 2:00 p.m.

Rensselaer, NY

## Region 5 (Long Island)

### Boundaries: Setting Limits & Sharing Safely

Tuesday, April 7

3:00 p.m. – 6:30 p.m.

Amityville, NY

## Region 5 (Westchester)

### Boundaries: Setting Limits & Sharing Safely

Tuesday, April 28

10:00 a.m. – 1:30 p.m.

Valhalla, NY

### Boundaries: Setting Limits & Sharing Safely

Thursday, April 30

10:00 a.m. – 1:30 p.m.

New Hampton, NY

To register, email:

**Region 1**—Kim Grose  
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**Region 5 (Long Island)**—  
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**Region 5 (Westchester)**—  
Thomas Califra  
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# YIP Meetings

## Financial Stability

- Credit Checks
- Budgeting
- Reading your paystubs
- Needs vs. wants
- Bank accounts
- Jelly Bean budgeting activity

## Statewide

Tuesday, April 7

4:00 p.m. – 5:30 p.m. (Webex)

## Region 1 (Buffalo)

Tuesday, April 30

5:00 p.m. – 6:30 p.m.

Buffalo, NY

## Region 5 (Long Island)

Wednesday, April 22

5:00 p.m. – 6:30 p.m.

Bohemia, NY

To register, email:

**Statewide**—Shainek Edmundson

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**Region 6** - Shainek Edmundson

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# Resources

## **Youth In Progress**

Youth In Progress is a platform where youth in foster care can speak up and help shape the future of the foster care system. Visit [YouthInProgress.org](https://www.youthinprogress.org) to explore valuable resources, upcoming events, and ways to get involved. Your voice matters!

## **Families Together in NYS Youth Power Advisory Council Nominations**

Youth Power of FTNYS is looking for nominations of young leaders across New York State for the Youth Leadership Council.

<https://www.ftnys.org/youthpower/yp-advisorycouncil/>

## **Budgeting Tips: Needs vs. Wants**

When you are creating a budget, it's critical to think of needs vs wants.

<https://youthinprogress.org/resources/topics/budgeting-tips-needs-vs-wants/>

## **Understanding Paychecks and Bank Accounts**

Here are some tips on understanding your paycheck and bank account.

<https://youthinprogress.org/resources/topics/understanding-paychecks-and-bank-accounts/>

## **Need to Know Series: Smart Money Management - Step Up Your Money Game**

Having your own financial back means learning about managing your money and having a plan to earn, spend, and save so that you can achieve your financial goals. It also means keeping your money and your personal information safe.

<https://youthinprogress.org/resources/digital-printable-handouts/need-to-know-series/need-to-know-series-smart-money-management-step-up-your-money-game/>