



Monthly Newsletter

October 2024

PDP

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Webex Trainings

PDP

Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility

Wednesday, Oct. 2
1:00 p.m. – 4:00 p.m.

Friday, Oct. 25
9:30 a.m. – 12:30 p.m.

Thursday, Oct. 31
10:00 a.m. – 1:00 p.m.

An Introduction to Regulating Emotions

Friday, Oct. 11
9:00 a.m. – 10:00 a.m.

Tuesday, Oct. 22
3:00 p.m. – 4:00 p.m.

Thursday, Oct. 31
2:30 p.m. – 3:30 p.m.

An Introduction to Trauma Informed Healing Centered Engagement

Tuesday, Oct. 8
1:00 p.m. – 2:00 p.m.

Wednesday, Oct. 23
10:00 a.m. – 11:00 a.m.

Monday, Oct. 28
9:30 a.m. – 10:30 a.m.

Boundaries: Setting Limits and Sharing Safely

Wednesday, Oct. 9
10:00 a.m. – 12:30 p.m.

Monday, Oct. 21
1:30 p.m. – 4:00 p.m.

Bullying: Spot It, Stop It
Tuesday, Oct. 1
10:00 a.m. – 1:00 p.m.

Wednesday, Oct. 16
9:00 a.m. – 12:00 p.m.

Monday, Oct. 28
1:00 p.m. – 4:00 p.m.

Essential Communication Skills for Working with Youth in Care

Wednesday, Oct. 2
9:00 a.m. – 11:30 a.m.

Thursday, Oct. 17
1:30 p.m. – 4:00 p.m.

Milestones and Meaning: A Brief Introduction for Emerging LGBTQ+ Allies

Thursday, Oct. 3
1:00 p.m. – 3:30 p.m.

Wednesday, Oct. 16
12:30 p.m. – 3:00 p.m.

Networking and Mapping Resources

Monday, Oct. 7
10:00 a.m. – 11:00 a.m.

Wednesday, Oct. 23
2:00 p.m. – 3:00 p.m.

Permanency Options for Youth

Tuesday, Oct. 8
9:30 a.m. – 12:00 p.m.

Thursday, Oct. 24
1:30 p.m. – 4:00 p.m.

Preparing Youth for Employment

Wednesday, Oct. 9
12:30 p.m. – 3:00 p.m.

Thursday, Oct. 24
9:00 a.m. – 11:30 a.m.

Preparing Youth in Care for the College Experience

Thursday, Oct. 10
1:00 p.m. – 3:30 p.m.

Tuesday, Oct. 22
10:00 a.m. – 12:30 p.m.

Promoting Resilience: Fostering Youth Empowerment

Tuesday, Oct. 1
12:30 p.m. – 4:00 p.m.

Thursday, Oct. 17
9:00 a.m. – 12:30 p.m.

Wednesday, Oct. 30
10:00 a.m. – 1:30 p.m.

Relational Strategies to Build Trust & Connection

Friday, Oct. 4
9:00 a.m. – 10:00 a.m.

Monday, Oct. 21
9:30 a.m. – 10:30 a.m.

Tuesday, Oct. 29
1:30 p.m. – 2:30 p.m.

Street Smarts: Safety Skills for Youth in Care

Tuesday, Oct. 29
9:00 a.m. – 11:30 a.m.

To register:

Visit **Human Services Learning Center**
<https://www.hslcnys.org>, or email
Lilibeth Donahue ldonahue@albany.edu

For training descriptions, visit:
<https://youthinprogress.org/events-trainings/>

Classroom Trainings

PDP

Region 1

Promoting Resilience: Fostering Youth Empowerment

Wednesday, Oct. 16
10:30 a.m. – 1:30 p.m.
West Seneca, NY

Region 2

Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility

Wednesday, Oct. 16
1:00 p.m. – 4:15 p.m.
Canadaigua, NY

Region 3

Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility

Thursday, Oct. 3
10:00 a.m. – 1:15 p.m.
Binghamton, NY

Motivating and Engaging Youth (Part 1)

Wednesday, Oct. 16
9:30 a.m. – 12:30 p.m.
Binghamton, NY

Motivating and Engaging Youth (Part 2)

Thursday, Oct. 17
9:30 a.m. – 12:30 p.m.
Binghamton, NY

Region 5

Adolescent Sexuality: Promoting Sexual Health and Sexual Responsibility

Tuesday, Oct. 22
10:00 a.m. – 1:15 p.m.
Valhalla, NY

To register, email:

Region 1 - Kim Grose
kimberly.grose@ocfs.ny.gov

Region 3 - Katie Rushlo-Mercado
katie.rushlo@ocfs.ny.gov

Region 2 - Kendra Drake
kendra.drake@ocfs.ny.gov

Region 5 - Thomas Califra
thomas.califra@ocfs.ny.gov



YIP Meetings

PDP

Valuing Differences

- Differences of Opinion
- Experiential Differences
- Implicit /Explicit Bias
- Microaggressions
- Neuro-diversity & Disability

To register, email:

Region 1—Kim Grose
kimberly.grose@ocfs.ny.gov

Region 2—Kendra Drake
kendra.drake@ocfs.ny.gov

Region 3—Katie Rushlo-Mercado
katie.rushlo@ocfs.ny.gov

Region 5 (Long Island)—Angela Cardarelli
angela.cardarelli2@ocfs.ny.gov

Region 5 (Westchester)—Thomas Califra
thomas.califra@ocfs.ny.gov

Statewide—Shainek Edmundson
Shainek.Edmundson3@ocfs.ny.gov

Statewide

Tuesday, Oct. 15

3:30 p.m. – 5:00 p.m. (Webex)

Region 1 (Buffalo)

Wednesday, Oct. 30

4:30 p.m. – 6:00 p.m.

Buffalo, NY

Region 2 (Rochester)

Thursday, Oct. 24

3:45 p.m. – 5:15 p.m.

Rochester, NY

Region 3 (Syracuse)

Tuesday, Oct. 22

3:30 p.m. – 5:00 p.m.

Auburn, NY

Region 5 (Long Island)

Wednesday, Oct. 16

4:30 p.m. – 6:00 p.m.

Bohemia, NY

Region 5 (Westchester)

Wednesday, Oct. 30

4:00 p.m. – 5:30 p.m. (Webex)



Resources

PDP

Youth in Progress

Youth in Progress gives youth in foster care the opportunity to be heard to make changes to the foster care system. [YouthinProgress.org](https://youthinprogress.org) has resources, events, and involvement opportunities. Check it out today!

Inclusion and Diversity

Inclusivity and diversity recognize, embrace, and celebrate our differences in background, values, perspectives, experiences, and identities. We can learn from each other through diversity and create a more inclusive space for everyone.

<https://youthinprogress.org/resources/topics/inclusion-and-diversity/>

NYS Office for People With Developmental Disabilities (OPWDD)

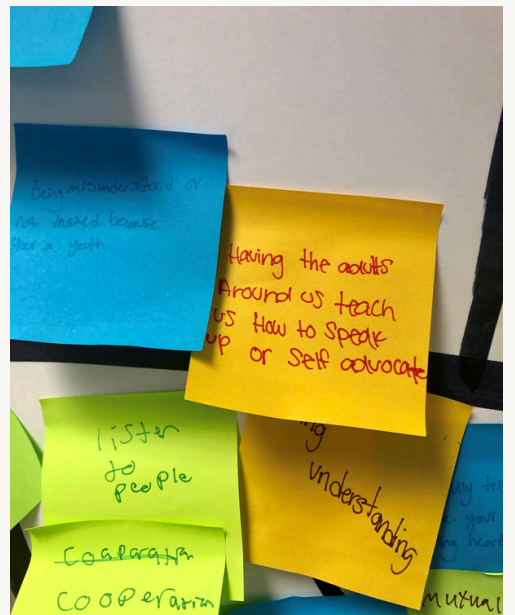
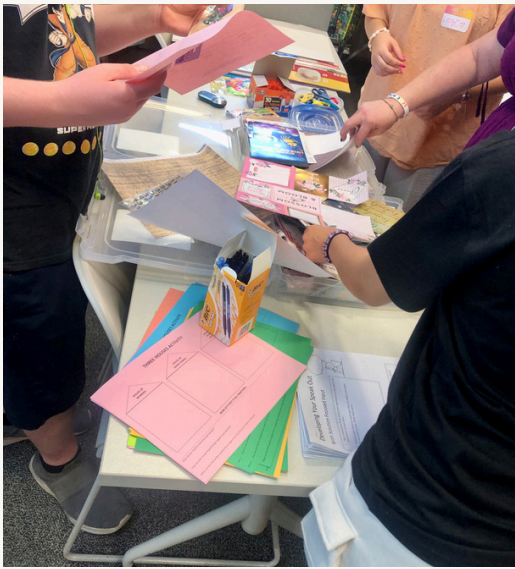
OPWDD is responsible for coordinating services for New Yorkers with developmental disabilities. They provide services directly and through a network of approximately 450 nonprofit service providing agencies.

<https://opwdd.ny.gov/>

Implicit vs. Explicit Bias

Positive or negative, biases can cause people to form prejudgments that lead to rash decisions or discrimination.

<https://youthinprogress.org/resources/topics/implicit-vs-explicit-bias/>



 **YOUTH EVENTS & SPEAK OUTS**
Youth in Progress Summer 2024